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# Promoting healthy lifestyle

2,000 take part in first  
Olympic Day Run in Penang

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**M**ORE than 2,000 people participated in the first Olympic Day Run in Penang at the Penang Municipal Park recently.

The 6km-run, organised by the Penang Municipal Council, Olympic Council of Malaysia, Penang Amateur Athletics Association and McDonald's Malaysia, was aimed at promoting a healthy lifestyle among residents.

The event kicked off with an aerobics session led by state Local Government, Traffic Management, Information and Commu-

nity Relations Committee chairman Datuk Dr Teng Hock Nan, who later flagged off the run.

In his speech, McDonald's Malaysia managing director Azmir Jaafar said the run was one of the company's corporate responsibility programmes for the community.

"McDonald's is dedicated to promoting a balanced and active lifestyle," he said, adding that the event was held in conjunction with the recent 50th Merdeka celebration and the 25th anniversary of McDonald's Malaysia.



**Off they go:** Young children trying to outrun one another in the 6km event.